# **Exploring Multidimensionality through Family Constellations**

'Whew, what a weekend it was... Wow, it was powerful... I feel honoured to have worked with each one of you. The power and grace of the collective is mind-blowing. Something very big happened when we all worked together. Amanda thank you for holding the thread that connected us all." Michele. May 2013

# For more information and workshop bookings contact:

Amanda Gifford | amanda@geniuslab.co.za Nevorndutt Somaru | nevorn@mplanet.co.za



# 24 - 25 August 2013 FAMILY CONSTELLATIONS

Amanda Gifford and Nevorndutt Somaru invite you to attend a weekend on Multidimensionality and Family Constellations exploring current themes and unfolding synchronicities in our lives including: The flow of love; the journey of the soul; unseen or unconscious dynamics; and unspoken loyalties which may lead to illness in the family system and ways to access new and deeper wisdom. Family Constellations is a powerful method for personal change, so please join us on the 24th – 25th August in Durban

MULTIDIMENSIONALITY AND FAMILY CONSTELLATIONS – NORMAL RATE: R1800 STUDENT RATE: R1200 LONG DISTANCE: R1200

# **Family Constellations Workshop Details**

### **FACILITATED BY: AMANDA GIFFORD AND NEVORNDUTT SOMARU**

"What you seek is seeking you" - Rumi

You are invited to explore awareness and wellness into the many dimensions of who you are with a Family Constellations workshop on Multidimensionality. Family Constellations is a powerful way to work with themes that are arising in your life. You will have an introduction into quantum physics, consciousness, the brain, the body, reality and time. We will also explore the invisible worlds of thought, belief, loyalty and memory, including tapping into and exploring the idea of future memory, future-self and constellating the future. This will be a time for 2014 – 2017 dream boards. You will have a personal experience of a constellation; a discussion of potential homoeopathic remedies that may be useful (if they are indicated); a personal session with Amanda; and you will be invited into the great web of dynamic minds serving the awakening of humanity and the earth. We are growing a network of healers but first: 'Physician, heal thy Self'.

Nevorn will share more about this connectedness to the healing of past traumas and how Homoeopathy can be used to help with the inner transformation of individuals, over and above the healing of physical illnesses, through his exploration into the use of the C4 remedies.

So please consider joining us as we weave into the multi-dimensional web of Homoeopathy, Archetypes, Quantum Physics, Medicinal Plants, Shamanism, Family Constellations and integral ancient wisdoms, and the modern sciences involving Morphogenic Fields, Epigenetics and much more.

This workshop is open to all who wish to attend - and we invite those who have already started the work to join us as well.

### YOUR FACILITATORS: NEVORN and AMANDA



**AMANDA GIFFORD** is a HPCSA registered drama therapist and a facilitator and trainer of family constellations and transgeneration systemic work. She is a student of Ramtha's School of Enlightenment and has applied some of the ideas that she has learnt at the school in an integral way in her workshops and practice which she has conducted internationally for ten years. She studied at the California Institute of Integral Studies in San Francisco completing her Masters in Psychology majoring in Drama Therapy from a transpersonal perspective. She co-founded the innovation hub GeniusLab in South Africa and is the founder of Mothership - The Institute for Dimensional Mind Training. Her work is largely about linking individuals to ancient wisdoms and modern sciences that reconnect us to our power of health, regeneration, freedom, and the power to be a creative force in the mystical world.

**NEVORNDUTT SOMARU** is an AHPCSA registered practitioner of classical homoeopathy and has a deep and abiding passion in the potential transformational aspects that this field brings. His understanding and integration of different methods of case taking and analysis from around the world, as well as through his incorporation of a new paradigm of remedies, has helped him work with difficult and unique cases with amazing results. He has an intense interest in the unfolding of the inner sensations, source, archetypes, mythic stories and inner delusions that people live by, and now sees homoeopathy as a tool to engage with the deep archetypal levels where individuals often remain stuck and unable to transform from their deeply held themes in life. He now incorporates Family Constellations and Transgenerational Systemic work into his field in order to more greatly encompass the holistic principles pertaining to the familial origins of disease and illness. He is also one of the very few Reconnective Healing practitioners in Durban and does facilitate Reconnective Healing sessions and 'The Reconnection" on those who seek it.

**REMOTE CONSTELLATION**: You are also more than welcome to join us remotely and we will do a long distance constellation for you. We will include you into the energy of the group through intention and hold you as a silent participant as we work with you. You will be emailed the results of your constellation by the group and guided by your facilitators towards resolution. Please note that prior arrangements need to be organized with the facilitators should you select this option.

**VENUE:** Durban. Venue pending.

TIMING: Arrive 8:30am for a 9am start.

SATURDAY: 9am – 5pm. SUNDAY: 9am - 4pm.

### BOOKINGS ARE ESSENTIAL - please let us know if you need a payment plan.

REGULAR WORKSHOP RATE: R1800

STUDENT RATE: R1200

LONG DISTANCE CONSTELLATION: R1200 for those who are ill or who need assistance. Please let us know as

bookings are limited.

BANKING DETAILS: For workshop payment please Deposit/EFT money in full before the workshop to **Nevorndutt Somaru Standard Bank 062908286 Musgrave Rd Cheque Account Branch Code 042626** 

## Medical Aid claiming in part may be possible. Please email to discuss.

PARTICIPANT COMMENTS from latest workshop in May 2013.

'I would like to add my heartfelt thanks to you all for creating a space where it really did feel safe to be vulnerable. Looking back it feels somewhat surreal." Adam Botha May 2013

'I loved the experience and look forward to more as I really feel the difference that it has made in unravelling my existence. It heals on such a deep level, that your core is healed, and you simply can never leave that room without feeling like another person. Nevorn was an outstanding facilitator, and I have never experienced such a turnaround in my life under any others care." Shraddha Sirpal June 2013

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If you have more questions please feel free to contact Amanda Gifford at: 078 499 6472 or Nevorndutt Somaru at: 083 778 2984